

1. Connect

Question of the Day. Highs and Lows. Share how last week's message influenced your week.

2. LifeJournal

As we continue to move together as a church in His Word, last Sunday we were in Mt. 15:21-39. Share your SOAP application or prayer with your group. *Next week, pay special attention to Mt. 19:1-15 as we will be discussing this passage together.

3. Engage: Sermon Review + Discussion

This week, our message was from Matthew 5:27-30. Read the passage and dive into the questions below.

Matthew 5:27-30 (NIV)

²⁷ "You have heard that it was said, 'You shall not commit adultery.' ²⁸ But I tell you that anyone who looks¹ at a woman lustfully has already committed adultery with her in his heart. ²⁹ If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. ³⁰ And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

1. According to Jesus, what is the full meaning of the seventh commandment: 'Do not commit adultery' (vv.27-28)? What do you think Jesus was getting after?
2. Although Jesus is absolutely speaking about lust in a sexual context, lust manifest itself in different ways (consumerism, overeating, medication, etc). What tends to get your attention that you know will lead you to sinfulness?
3. How do you think Jesus intends us to understand his warnings in vv.29-30? Why do you think Jesus speaks with such intensity and seriousness when it comes to combatting lust and the thought life?

¹ looks (βλέπων).. lustfully (ἐπιθυμῆσαι) - used in this context to mean .. sustained willful attention, looking to possess; staring.

4. Apply: Next Faithful Step

Our relationship and love for God is meant to transform our lives and relationships. As we yield to Jesus, it will often lead us to some level of discomfort, loss, and sacrifice. Although this may be true, He desires for us to truly experience rest, peace and freedom.

1. What do you think God has been calling you to remove from your life as it has become a stumbling block for your lust?
2. Pastor Albert used a driving illustration to not only allow lust to take the wheel of our lives but to yield the wheel/will of our lives to Christ. We may have the tendency to celebrate our wins as if it was done in our own power. In what areas do you feel reluctant or struggle to relinquish the wheel to Jesus in this season of your life?

5. Prayer

Take some time to hear prayer requests from each member of your LifeGroup. Pray for one another, for your families, communities, our church, and the world.

*If anyone needs additional pastoral support or prayers regarding this sermon or any other aspect of our series, please don't hesitate to reach out to our pastoral staff. We would love to chat more deeply and pray with you.

