

1. Connect

Question of the Day. Highs and Lows. Share how last week's message influenced your week.

2. LifeJournal

Last Sunday we read John 10:11-21. Share your SOAP application or prayer with your group. *Next week, pay special attention to John 12:1-11 as we will be discussing this passage together.

3. Engage: Sermon Review + Discussion

This week, our message was from Philippians 4:4-9. Read the passage and dive into the questions below.

Philippians 4:4-9 (NIV)

⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

1. "Rejoice in the Lord. I will say it again: "Rejoice!" When do you find it hardest to rejoice in the Lord? In seasons of loss? In seasons of unknown? Anxiety? Stress?
2. When we come from a place of thanksgiving, God offers us peace that transcends our understanding. What does this tell you about what God desires from us?
3. It is hard to be thankful for something you thought you deserved anyways. To be thankful means humbly acknowledging you don't deserve what you have been getting. How does regularly expressing thankfulness help us understand Jesus' sacrifice even more?

4. Apply: Next Faithful Step

In Paul's final remarks to the church of Philippi, he encourages Christians, amidst real challenges and struggles, to respond in gratitude to what we have been given in Christ Jesus.

1. What areas of your life threaten your ability to think about what is right, noble, pure, lovely and admirable?
2. In verse 9, we are told to put the things into practice. We must practice gratitude in order to full experience God's peace. How can you begin to practice gratitude regularly?

5. Prayer

Take some time to hear prayer requests from each member of your LifeGroup. Pray for one another, for your families, communities, our church, and the world.

*If anyone needs additional pastoral support or prayers regarding this sermon or any other aspect of our Red Letter series, please don't hesitate to reach out to our pastoral staff. We would love to chat more deeply and pray with you.

