

CHRIST- MAS HAS A NAME

LifeGroup Discussion Guide

Sunday, December 10, 2017 – Katie Quesada & Mark Chase

ONE

Question of the day

What is your favorite Christmas carol or song?

TWO

Recap of Sermon & Verses

Whether you attended service at MHS to hear Pastor Katie or HDC to hear Pastor Chase, today we learned the first of the “I am” statements that Jesus makes, “I am the Bread of Life.”

Pastor Katie talked about three realities Jesus offers when He says, “I am the Bread of Life.” Jesus reveals that the “bread” He offers is meant for sustenance, survival, and sacrifice. Many of us have forgotten that Jesus offers “fresh bread” daily that nourishes and sustains. Jesus says He is the “fresh manna” from heaven, pointing back to Exodus 13. We can experience the goodness of this sustaining, abundant life that He offers because of the ultimate sacrifice He gave with His life.

Pastor Chase talked about Christmas being the most brilliant time of year for facilitating our hunger. He contrasted this hunger with the ways we try to satisfy ourselves by three shared realities. When Jesus calls Himself the “Bread of Life,” we see the nature of our soul to search, the nature of bread to spoil, and the nature of Christ to sustain. God delivers us from our physical, emotional, and spiritual hunger so that we know that He is the provider.

THREE

Questions

- Which service did you attend? Spend some time recapping the main points that you heard.
- Re-read John 6:25-56 as a LifeGroup.
- What do we learn about Jesus from this text?
- What stood out to you from the sermon?
- What makes it difficult to believe that Jesus is the “Bread of Life”?
- What are ways that you try to find satisfaction for your spiritual, physical, and emotional hunger other than looking to Jesus?
- What are some tangible ways you could embrace and worship Jesus as the “Bread of Life” this week?
- If your group has been using the Advent Devotional, which name has been the most significant to you so far?

FOUR

Prayer

Have everyone share their holiday plans. Is anyone heading into their first Christmas season after the loss of a loved one? Can your group provide additional care and support for anyone this month? Spend some time in prayer and call God by this name, *Bread of Life*.

